EQUAY-WUK GATHERING 2019

Sunset Suites, Sioux Lookout, ON

March 5 - 7, 2019

	Tues March 5	Wed March 6	Thurs March 7	
9:00 am	**Opening** - Elder	**Opening** - Elder	**Opening** - Elder	
9:10 am	**Welcome** • Equay-wuk (Women's Group) - Board of Directors • Darlene Angeconeb, Acting Director • Introductions - participants	• **Victim Services Program** - Wava Fox, Victim Services Counsellor Activity - Craft	• **Naloxone Training** - Kaitlyn Roen, Northwestern Health Unit (½ hr) & Canada Food Guide	Location: Sunset Suites, Sioux Lookout
10:30-10:40am	Refreshment Break	Refreshment Break	Refreshment Break	
10:40am	**Equay-wuk Project Updates:** • ***Building Aboriginal Women's Leadership*** - Darlene Angeconeb • ***Community Wellness Program*** - *Yolaine Kirlew* • ***Employment Skills Training Program*** - *Andrea Boles* • ***Empowering Women and Youth*** - *Jaymee Bent* • ***Victim Services Program*** - *Wava Fox*	• ***Family Information Liaison Unit FiLU*** - *Shauna Pitawanakwat, Ministry of Attorney General, Indigenous Justice Division*	• ***Inspire Democracy - Elections Canada*** - Outreach and Stakeholder Engagement, Bianca Baldo	Funded by: Ontario Ministry of Status of Women
12-1:00pm	Lunch	Lunch	Lunch	
1:00pm	• **Our Role Models** - First Nation Women in Leadership **-** Darlene Angeconeb, Project Coordinator - • **Gender Based Violence (GBV) -** Yolaine Kirlew, Community Wellness Facilitator	• **Public Speaking and Exercise -** Darlene Angeconeb, *Building Aboriginal Women's Leadership*	• **Leadership and Self Esteem** - Darlene Angeconeb, Building Aboriginal Women's Leadership	Contact Darlene or Shirley at (807) 737-2214 or (800) 261-8294
2:30-2:40pm	Refreshment Break	Refreshment Break	Refreshment Break	
2:40pm	• **Support for Two-Spirit, Queer, Trans and Gender-non-conforming Youth** - Melody McIver	• **Nutrition Workshop** - Yolaine Kirlew, Community Wellness Program - **Smoothie Making** Acticity	• **Open Forum**	Aboriginal Healing & Wellness Strategy
3:30pm	• Evaluations • Door Prizes • Closing - Elder	• Evaluations • Door Prizes • Closing - Elder	• Evaluations • Door Prizes • Closing - Elder	
Evening	• 630-830pm **Self-Care - Face Spa Activity,** Yolaine Kirlew, Community Wellness Program	6-9pm **Equay-wuk AGM & Election for the Board of Directors**	**630-830pm Paint Night activity** - (instructor TBA)	