




EQUAY-WUK GATHERING 2019

Sunset Suites, Sioux Lookout, ON

March 5 - 7, 2019

Tues March 5		Wed March 6		Thurs March 7		
9:00 am	Opening - Elder Welcome • Equay-wuk (Women's Group) - Board of Directors • Darlene Angeconeb, Acting Director • Introductions - participants	Opening - Elder Victim Services Program - Wava Fox, Victim Services Counsellor Activity - Craft	Opening - Elder Naloxone Training - Kaitlyn Roen, Northwestern Health Unit (1/2 hr) & Canada Food Guide	Location: Sunset Suites, Sioux Lookout		
9:10 am	Equay-wuk Project Updates: • Building Aboriginal Women's Leadership - Darlene Angeconeb • Community Wellness Program - Yolaine Kirlew • Employment Skills Training Program - Andrea Boles • Empowering Women and Youth - Jaymee Bent • Victim Services Program - Wava Fox	Elder Rights Engagement Workshop TBA, New Horizons Program • Leadership and Self Esteem - Darlene Angeconeb, Building Aboriginal Women's Leadership	Inspire Democracy - Elections Canada - Outreach and Stakeholder Engagement, Bianca Baldo	Funded by:  Ministry of Status of Women		
10:30-10:40am	Refreshment Break	Refreshment Break	Refreshment Break			
10:40am						
12-1:00pm	Lunch	Lunch	Lunch			
1:00pm	• Our Role Models - First Nation Women in Leadership - Darlene Angeconeb, Project Coordinator • Gender Based Violence (GBV) - Yolaine Kirlew, Community Wellness Facilitator	• Public Speaking and Exercise - Darlene Angeconeb, <i>Building Aboriginal Women's Leadership</i>	• Nutrition Workshop - Yolaine Kirlew, Community Wellness Program - Smoothie Making Activity	Contact Darlene or Shirley at (807) 737-2214 or (800) 261-8294		
2:30-2:40pm	Refreshment Break	Refreshment Break	Refreshment Break			
2:40pm	• Support for Two-Spirit, Queer, Trans and Gender-non-conforming Youth - Melody McIver	• Self-Care - Face Spa Activity , Yolaine Kirlew, Community Wellness Program	• Open Forum	Aboriginal Healing & Wellness Strategy 		
3:30pm	• Evaluations • Closing - Elder • Door Prizes	• Evaluations • Closing - Elder • Door Prizes	• Evaluations • Closing - Elder • Door Prizes			
Evening	630-830pm Paint Night activity - Chelsey Greig	6-9pm Equay-wuk AGM & Election for the Board of Directors				